

## Programme for Silver Expedition Training

**Practice Expedition 14th,15th,16th March 2025 Skreens Starts at 19:00**

**Qualifying Expedition 11th, 12th, 13th April 2025 New Forest Starts at 06:00.**

- **Saturday 1st February – 09:00-15:00** Snow Farm. Expedition maps, start, finish, campsites (Route cards bearings and escape routes – kit discussion Kit Leaflet Handout - what Explorers have/need).
- **Tuesday 11th/13th February– 7:30pm** Snow Farm. Map for Hatfield Hike - find escape routes. Discuss the kit for the hike and what has to be brought on days. (Kit for walk Leader breakout).
- **Hatfield Heath Hike Sat 22nd February-** 09:00--approx 15:00 Hatfield Heath circular walk meet at car park behind parade of shops (Co-op). Explorers **must** bring– rucksack/waterproofs/2 liters of water/lunch/snacks /tea or coffee or hot chocolate making items– **and wear boots**. Bring a stove, to make Tea and taste Test Expedition food. Agree Expedition AIM, maybe bring 2 Tents to put up.
- **Saturday 1st March – 09:00-15:00** Snow Farm. Kit Check/Food Menus/Expedition first aid/Emergency procedures (inc Heatstroke/Sunburn/Dehydration/Blisters/Sprains/ Burns/Scolds/Ticks and Lymes Disease) & Menu planning, personal Information. Check and hand out (tents/stoves/compasses/waterproof matches/tarps/fuel/compasses).
- **Unit Night - Tuesday 4th or Thursday 6th March (1 week before)- pre Exp Meeting** AIM, do's and don'ts, menus (what left to buy), expedition meet and times. Bring Expedition rucksack (PACKED).
- **14th-16th March** - Practice Expedition Skreens. Arrives at 19:00 Skreens.
- **11th-13th April** - Qualifying Expedition New Forest. Arrives at 06:00 SNOW Farm.

All of the above events must be attended to fully complete the DofE Expedition training & assessment. The Explorers will be camping on passports which allows them to camp without Leaders. Leaders will be in the area and will be checking in on them.