

CAMPING KIT LIST

Updated March 2024
(replaces all previous versions)



PHOENIX
EXPLORERS
HARLOW & DISTRICT

This list is a **GUIDE** to the items you may need when camping. We only recommend items that are suitable for camping & good value for money. There is no obligation to buy the specific items we recommend other brands are also available & it comes down to personal choice/preference.

Please refer to your Explorer/DofE Leaders with any questions. You can also find more information at the Explorers Hub - explorers.harlowscouts.org.uk Contact: Explorers@harlowscouts.org.uk

NAME:			
CLOTHING			
Item Needed	Specific items we recommend (Other brands are available)	Got it	Packed it
1 pair of walking boots (broken in) *	OEX, Berghaus, Peter Storm, Brasher, Mammut, Merrell, Salomon	<input type="checkbox"/>	<input type="checkbox"/>
2-4 pairs of walking socks (Add more as required) *	Bridgedale - Merino Wool	<input type="checkbox"/>	<input type="checkbox"/>
Jacket/coat (waterproof and windproof) *	OEX, Berghaus, Craghoppers (Taped Seams)	<input type="checkbox"/>	<input type="checkbox"/>
Waterproof overtrousers *	OEX, Berghaus, Craghoppers (Taped Seams)	<input type="checkbox"/>	<input type="checkbox"/>
2 fleece tops or similar *	OXE, Berghaus, Peter Storm, Craghoppers - Hooded Jackets and Half Zip Tops	<input type="checkbox"/>	<input type="checkbox"/>
Explorer Black T-shirt & Hoodie *	Bought through Explorers	<input type="checkbox"/>	<input type="checkbox"/>
2-4 t-shirts (Explorer Black T-shirt - thermal optional) *		<input type="checkbox"/>	<input type="checkbox"/>
2 walking trousers (warm, NO jeans) *	OEX, Craghoppers, Peter storm	<input type="checkbox"/>	<input type="checkbox"/>
1-2 pair of shorts (if appropriate) *		<input type="checkbox"/>	<input type="checkbox"/>
Underwear *		<input type="checkbox"/>	<input type="checkbox"/>
Nightwear *		<input type="checkbox"/>	<input type="checkbox"/>
Flip flops/sandals (optional for campsite use)		<input type="checkbox"/>	<input type="checkbox"/>
Warm hat and/or sunhat (as appropriate)		<input type="checkbox"/>	<input type="checkbox"/>
Head/Neck scarf (optional)	Buff	<input type="checkbox"/>	<input type="checkbox"/>
1 pair of gloves (if appropriate)		<input type="checkbox"/>	<input type="checkbox"/>
1 pair of gaiters (optional)	Peter Storm, Trekmates	<input type="checkbox"/>	<input type="checkbox"/>
Clothes/footwear for water activities (as appropriate)		<input type="checkbox"/>	<input type="checkbox"/>
Swimming kit/towel (as appropriate)		<input type="checkbox"/>	<input type="checkbox"/>

PERSONAL KIT			
Item Needed	Specific items we recommend (Other brands are available)	Got it	Packed it
Uniform - Explorer Scout Scarf & Shirt - Must be worn to and from camp (unless told otherwise - MUST HAVE SCARF) *		<input type="checkbox"/>	<input type="checkbox"/>
Rucksack (60L Min) *	Osprey, Berghaus, Eurohike, OEX, Technicals, Vango	<input type="checkbox"/>	<input type="checkbox"/>
Rucksack liner (or 2 strong plastic bags/dry bags) *	Osprey/Lifeventure: Ultralight Dry Bags (2/5/10/15/25/35/55/75L)	<input type="checkbox"/>	<input type="checkbox"/>
Rucksack rain cover *	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Sleeping bag (Mummy style - 4 Season - Comfort rating 0° or lower recommended) *	OEX, Berghaus, Eurohike, Vango, Rab, Alp Kit, Snugpak	<input type="checkbox"/>	<input type="checkbox"/>
Blanket (if appropriate)		<input type="checkbox"/>	<input type="checkbox"/>
Sleeping bag liner (optional)	Any Brand - Silk/Cotton	<input type="checkbox"/>	<input type="checkbox"/>
Sleeping mat *	OEX, Berghaus, Eurohike, Multimat, Alp Kit	<input type="checkbox"/>	<input type="checkbox"/>
Pillow *	OEX, Alp Kit	<input type="checkbox"/>	<input type="checkbox"/>
Waterproof bag (optional)	Lifeventure: Ultralight Dry Bags	<input type="checkbox"/>	<input type="checkbox"/>
Whistle (optional)	OEX, Eurohike, Lifesystems	<input type="checkbox"/>	<input type="checkbox"/>
Torch (head torch and spare batteries) *	OEX, Eurohike, Petzel	<input type="checkbox"/>	<input type="checkbox"/>
Personal first aid kit (Personal Medication must be kept separately to first aid kit and marked with the person's name and user/dosage) *	Elastic Adhesive Dressing Strip 4cm x 1m, Washproof Adhesive Plasters 7.2 x 1.9 cm, Antiseptic Wipes, Blister Plasters (compeed),	<input type="checkbox"/>	<input type="checkbox"/>
Water bottle/Hydration pack (min of 1L or 2x 500ml of water per person) *	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Cutlery *	OEX, Eurohike, Lifeventure - Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Plate/bowl *	OEX, Eurohike, Lifeventure - Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Mug (Plastic NOT metal) *	OEX, Eurohike, Lifeventure - Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Tea towel *		<input type="checkbox"/>	<input type="checkbox"/>
Matches/Lighter		<input type="checkbox"/>	<input type="checkbox"/>
Wash kit/personal hygiene items (some items could be shared as a group) *	Lifeventure: Wash bag (small), All-purpose soap, Dry wash gel	<input type="checkbox"/>	<input type="checkbox"/>
Towel *	Lifeventure: Recycled Soft Fibre Towel (large, x-large, giant)	<input type="checkbox"/>	<input type="checkbox"/>
Shewee (Recommended for Females)	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Sunblock (if appropriate)	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
After-sun cream (if appropriate)	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Insect repellent (optional)	Any Brand (Tesco own brand works well)	<input type="checkbox"/>	<input type="checkbox"/>
Sunglasses (optional)	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Small pocket tool (optional - 1 per team)	Victorinox (Swiss Army Knife)	<input type="checkbox"/>	<input type="checkbox"/>
Small quantity of money (optional)		<input type="checkbox"/>	<input type="checkbox"/>
Watch *	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Plastic bags (for rubbish etc.)		<input type="checkbox"/>	<input type="checkbox"/>
Mobile Phone *	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Mobile Phone Charger (Power Bank) *	Any Brand	<input type="checkbox"/>	<input type="checkbox"/>
Sheath Knife/Locking Knife (as appropriate) ***		<input type="checkbox"/>	<input type="checkbox"/>
Camp Chair *		<input type="checkbox"/>	<input type="checkbox"/>

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NOTES

*Kit that MUST be brought to camp.
**Any medication must be labelled and given to a leader unless told otherwise.
***Knives to be kept in rucksack when not in use and are NOT to be carried around the campsite.
****Adjust quantities of items to suit the amount of nights away.