



# WATER-BASED DofE EXPEDITION ROUTE CARD (use one per day)

Centre name/logo:  
Harlow & District  
Scouts  


<b>Team name:</b>	<b>Day number:</b>	<b>Day of week &amp; Date:</b> /        /
<b>Aim of expedition:</b>		

Grade of water:		Names of team members:								
Est' water flow speed:										
Leg no	Start of leg: Grid Ref' & place name	End of leg check point: Grid Ref' & place name	Distance in km	Time allowed for travel	Time for aim, rests or meals & portages	Total time for leg	Estimated time at end of leg	Brief details of route to be followed.	Escape/Egress points	
Setting out time:										
1	From: GR	To: GR								
2	From: GR	To: GR								
3	From: GR	To: GR								
4	From: GR	To: GR								
5	From: GR	To: GR								
6	From: GR	To: GR								
7	From: GR	To: GR								
8	From: GR	To: GR								
<b>Bronze: 6 hours, minimum 3 hours journeying. Silver: 7 hours, minimum 3.5 hours journeying. Gold: 8 hours, minimum 4 hours of journeying.</b>		<b>Totals:</b>						Finish time	<b>Team Supervisor's name, location and Tel No:</b>	